

THE EMPOWERED ACTORS | STUDIO

Want to consistently improve your acting but not sure how to do it? Do you find that you have spurts of working on your craft and then you let it slide again?

If so this programme might be just the thing to you.

Think of it like a gym; a place where you can consistently go to work out your craft and continue to find the power in your craft.

Here is what you will get:



Access to The 6 Week Rediscover Your Fire Challenge- this is a 6 week intensive, full of exercises focusing on mindset, breath and voice work, movement, and different acting techniques to give you a tool-kit as you move forward in your journey.



Access to the Acting For Stage course - a breakdown of how to go from text to performance on stage, with tons of exercises to follow.

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Goal Setting tracker - this goal setting tracker is to ensure that you stay consistent to your craft and keep moving forward in your acting journey.



Group Sessions every Wednesday from 5pm-6:30pm - this is a chance to work with other actors, try new things and learn from each other.



Mindset E-Book - helping you to become an empowered actor and to move forward with your acting confidently.



Shakespeare monologue handbook - a selection of Shakespeare monologues to ensure that when you are next feeling inspired you have some of the greatest texts to work on straight to hand.



Access to the Facebook Group "Compassionate Actors" - this is a place to ask any questions that you have and put them to the group. Here is where you also share work and get feedback.

Sounds great - how much is it?

Well you have two options:

Option 1: Monthly Membership

Cost £40 per month

At £40 and you can get access to all of the above. You also get a weeks free trial.

Option 2: Work With Me

Cost £397

If you are ready to dive in and get some personal feedback we can work together through The 6 Week Challenge.

You will get access to everything above for 2 months plus we will have **7 one to one sessions** - one for each week of The 6 Week Challenge and an extra one that you can use any time within the next 6 months.

After the 2 months is up you will continue to have access to The 6 Week Challenge exercises and if you want to continue access to the other courses and group sessions you have the option to switch to the membership.

LET'S DO THIS!

